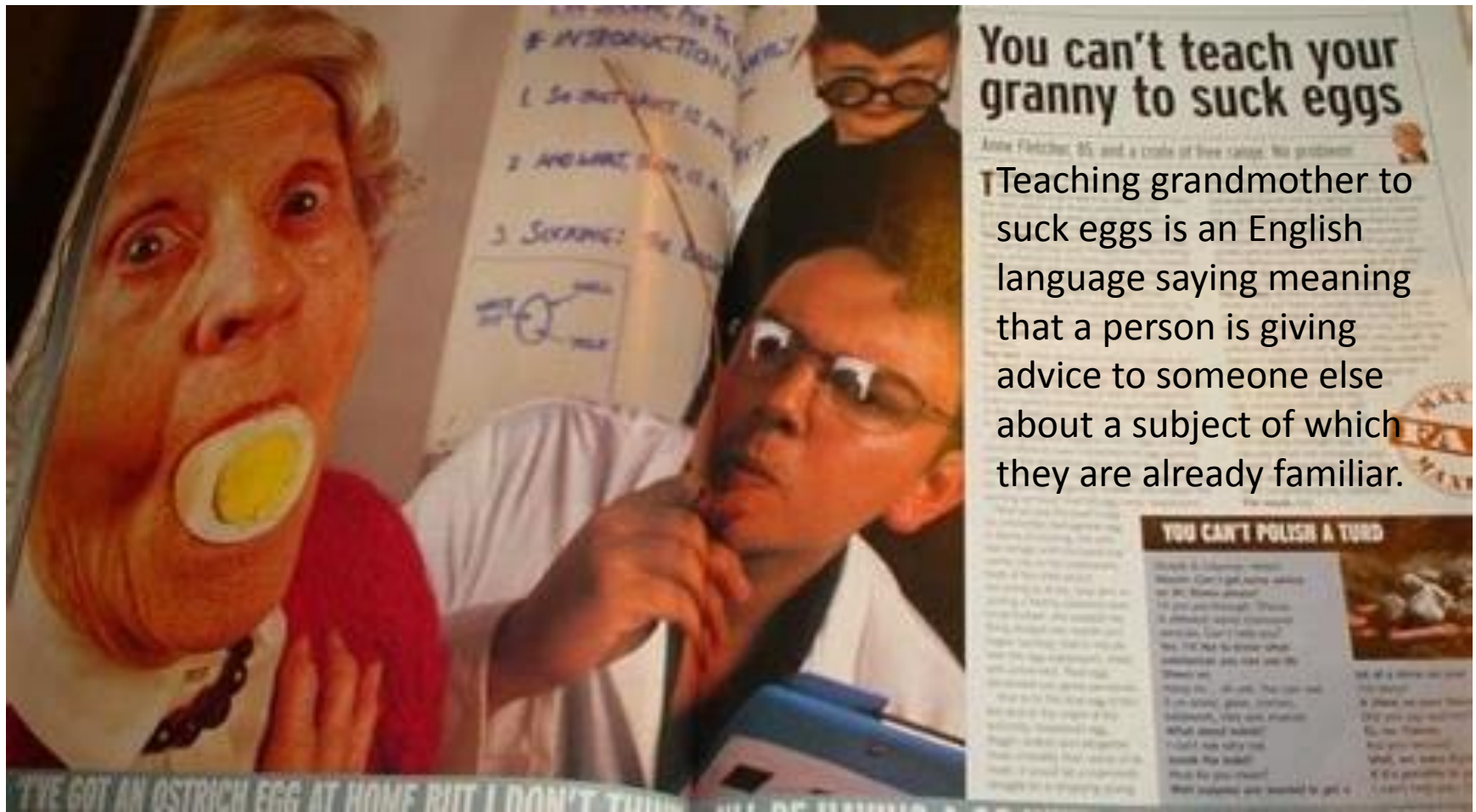


To infinity
and
beyond



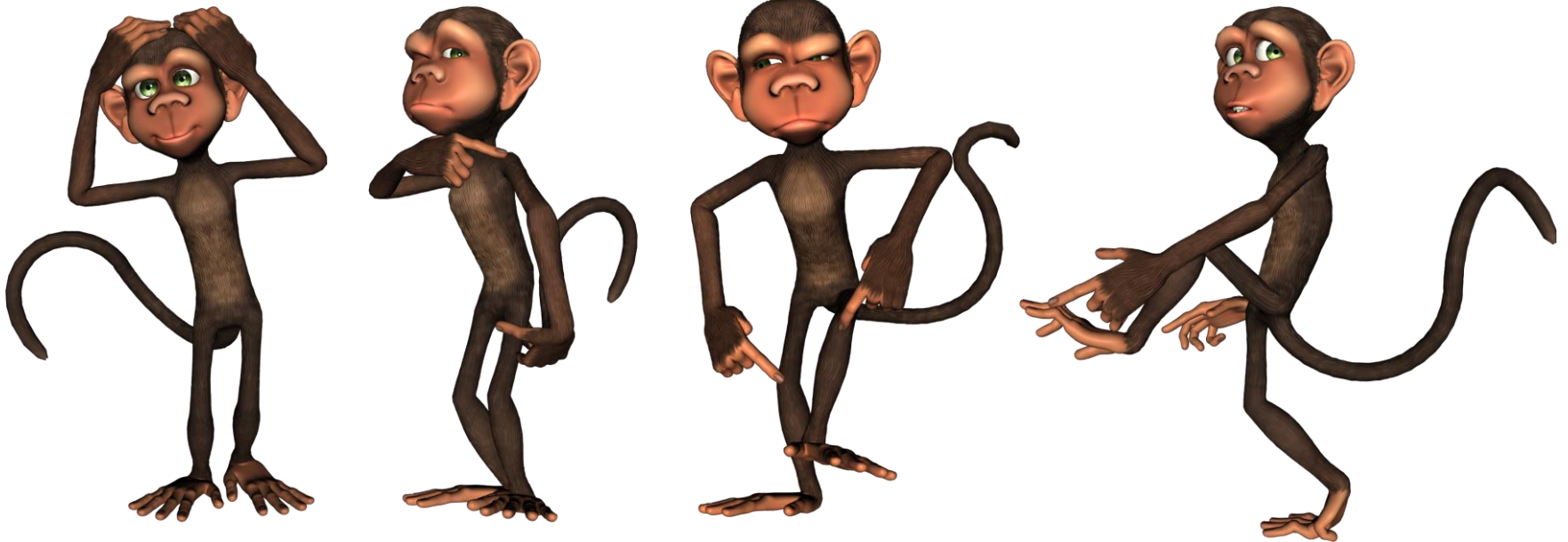
Life Before, During & After the IB ?

You can't teach your grandma to suck eggs !



STEP 1

MIX UP THE ENERGY IN THE ROOM –



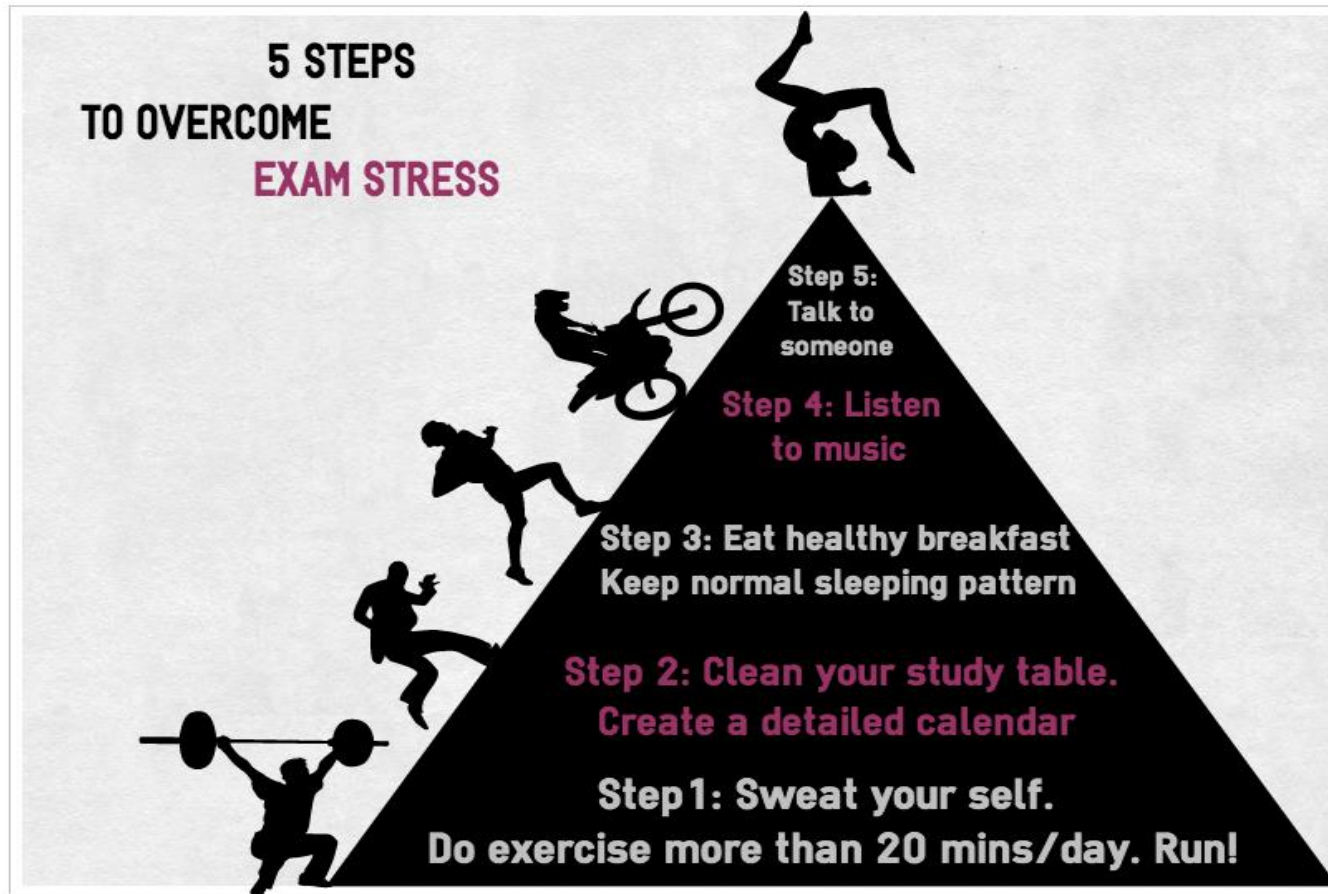
STEP 2

SHARE or COLLABORATE



Why yes, I'm a bit stressed.
Why do you ask?

STEP 3 :TALK TO SOMEONE



KJT Online Help for Children & Youths in Luxembourg



The Principles of KJT

- **Anonymity**

You don't need to tell us your name or contact details – you give a nickname through a safe server .

- **Confidentiality**

This means that whatever you say stays between you and Online Help.

The counsellors are under a duty of confidentiality, and absolutely no information will be divulged to anyone at all.

- **Self Determination**

KJT supports you to come up with ideas and to seek your own solutions. That is, they believe that you have the right to make choices for yourself. Also, depending on the situation, they can guide you to other institutions to get help. But you alone determines the next steps you want to go.

- **Openess**

KJT doesn't have an answer to every question, or a solution to every problem.

They are open to every sort of request and type of subject-matter and are absolutely sure that it is always worth talking things over.

- **Respect**

KJT respect everyone with his or her own personality and life experience.

- **Tolorence**

KJT will unconditionally respect your thoughts, ideas and beliefs.

"To infinity, and beyond" =
I can do more than I even think I am
capable of doing-



kanner
jugend
telefon

